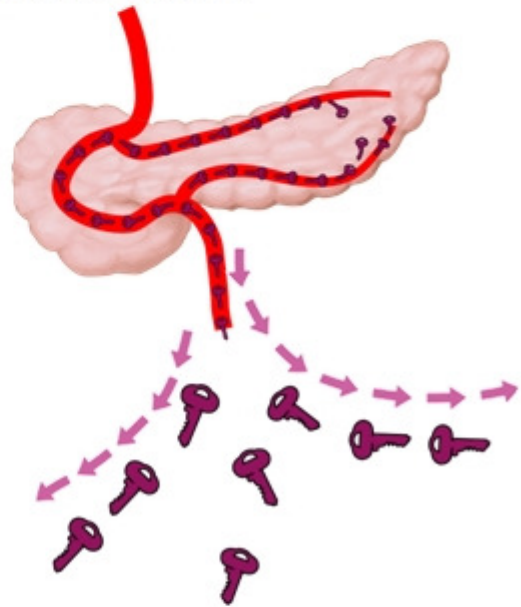


This is how your body works when you DON'T have diabetes

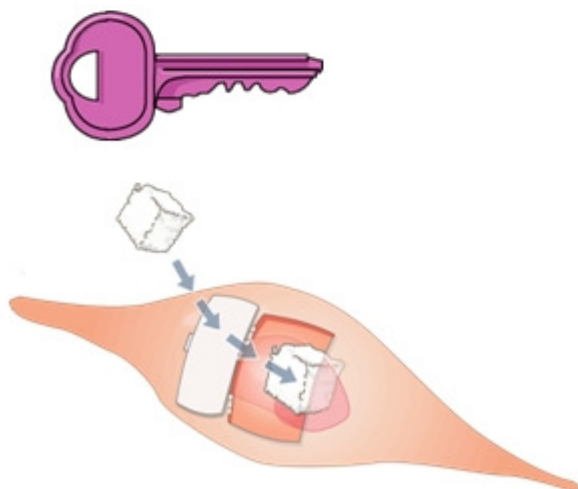
When you eat carbohydrate food your blood sugar goes up



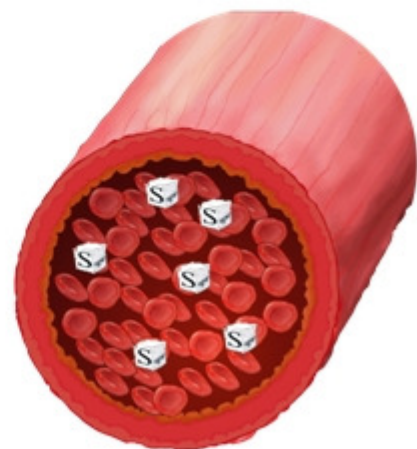
Your pancreas sees your blood sugar is high and makes insulin



The insulin helps the sugar go into your cells



Your blood sugar level goes down



This is how your body works when you have diabetes

When you eat carbohydrate food your blood sugar goes up



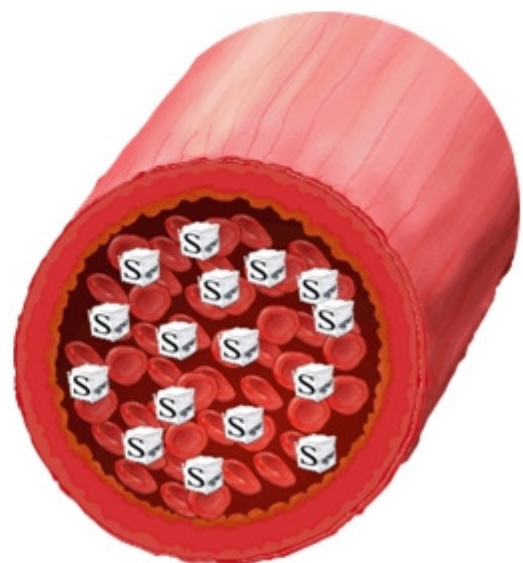
Your pancreas doesn't make insulin or not enough insulin



Even if there is insulin it doesn't work properly



Your blood sugar level stays high



There is no need to print the following page when printing and using this resource

Health Professional Facilitator Information

You must use your own professional judgement when using this resource

Purpose of resource:

These stories were originally developed for Queensland Health CDRO project. This modified version includes yarn cards.

2 analogies are used for insulin keys and men. The men analogy is included to show how you can use other analogies provided you are consistent. The key analogy has been adopted for all the other CDRO resources.

Related resources

There are story posters & cards for the following :

1. Blood pipes
2. Sugar
3. Insulin keys
4. Insulin **men**
5. Sugar levels
6. Stored sugar & exercise
7. Type 1 – keys
8. Type 2 –keys
9. Type 2 –**men**
10. Glycagon
11. Sugar control (complications) –Type 1
12. Sugar control (complications) –Type 2
13. Insulin & glycagon

Notes:

The resource can be printed A3 or A4 size and then laminated.

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